

Personal Voice Mastery

Maximising your Personal Impact in Business and Life

Cath Baxter's own **Personal Voice Mastery** online training course supports you with the motivation, skills and discipline necessary to be a confident communicator and to be clearer and more effective when presenting or influencing in any professional environment. Cath brings together her significant international voice coaching experience combined with a relaxed 1-1 coaching style that is unique and consistently delivers results.

The **Personal Voice Mastery** online training course is delivered over 6 sessions (60 mins each session) and shares all the tools required to suit your personal and professional needs. You learn Cath's secrets to voice mastery, you build the confidence to apply them and you then relate all of this to your unique requirements to make a huge personal impact. In each session Cath shares a brand-new set of tools, that over the course of 6 sessions will move you from self-conscious, to conscious and deliberate communication. Following successful completion of the training, you will have mastered your voice and you will be ready to face any audience with confidence, certainty and humour.

Power of Pause

- Learn the #1 tool that can establish your credibility
- How to slow down your rate of speech
- How to declutter your message and use less words for more impact
- How to avoid fillers and hesitations sounds

Communicating under pressure

- How to think clearly on the spot
- Explore the 4 steps to giving great answers
- How to give yourself thinking time.
- Learn 3 structures for great responses

Structure your ideas for impact

- Understand the Givens of every important communication
- Learn the ABCD of great presenting
- Understand how to arouse curiosity and get buy-in

How to speak so others listen

- How to warm-up and prepare your voice
- Find more vocal resonance and range for impact
- How to increase emphasis and land your point
- Effective use of body language

Handling Nerves

- Understand how nerves affect you
- Learn how to prepare for nerves
- Reverse your thinking around nerves
- Explore exercises to empower you to communicate under pressure

Telling your Story

- Understand the power of your story
- How to use your story to influence
- How to recognise your story
- How to structure your story

Personal Voice Mastery is delivered by Cath online via your preferred platform. By working with Cath 1-1 you have the opportunity to immediately practise the skills learnt in a safe and supportive environment. **Personal Voice Mastery** incorporates home exercises and training that you can go on to complete independently. In this way, you combine the processes and skills learned with the discipline required to become a master of your voice! Due to her other professional commitments, Cath offers this course with limited availability so don't miss this chance to work one on one with one of the leading voice coaches in the UK.