

Personal Voice Mastery

Maximising your Personal Impact in Business and Life

Cath Baxter's own **Personal Voice Mastery** group training supports teams with the motivation, skills and discipline necessary to be confident communicators both online and offline, and to create more impact when delivering key messages. Cath brings together her significant international voice coaching experience combined with a relaxed coaching style that is unique and consistently delivers results.

The **Personal Voice Mastery** group training is delivered online via your preferred online platform. Training can take place over one to three 60-minute sessions, in groups sizes to suit your organisation. The training is **uniquely tailored** to personal and professional needs. Participants learn Cath's foundation building secrets to voice mastery, they develop the confidence to apply them and then relate all of them to their unique requirements to make a huge personal impact. Following successful completion of the full course, participants will have learnt the tools required to master their voice and be ready to face any client, colleague, or audience with confidence, certainty and humour.

Session 1 - Verbal & Physical Control

- Learn to pause for vocal control & authority
- Learn to be succinct in your communications
- Learn to communicate effectively on the spot
- Learn to declutter your message for impact
- Develop confident body language
- Create impact during online meetings

Session 2 - Structuring your Message

- Learn to arouse curiosity in your stakeholders
- Learn structures for effective presentations
- Learn how to make your message memorable
- Learn to effectively manage adrenalin
- Learn to speak off the cuff, with few notes
- Learn the differences between effective online and offline presenting

Session 3 - Landing your Message

- Learn how to establish vocal authority
- Learn to sustain your vocal energy
- Learn how to increase emphasis
- Learn to use words as a tool to influence
- Find more range and dynamics in your voice
- Practise and feedback on delivery of message

Personal Voice Mastery is delivered by Cath to your team, via Zoom or your preferred online platform. **Personal Voice Mastery** incorporates a bonus end of course review, and home exercises that participants will complete independently. In this way, participants combine the processes and skills learnt with the discipline required to become a master of their voice! Due to her other professional commitments, Cath offers this course with limited availability so don't miss this chance to work one on one with one of the leading voice coaches in the UK.

Presented by Cath Baxter

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