

# Personal Voice Mastery

Maximising your Personal Impact in Business and Life

Cath Baxter's own **Personal Voice Mastery Foundation Course** supports you with the motivation, skills and discipline necessary to be a confident communicator and to create more impact when delivering your key messages. Cath brings together her significant international voice coaching experience combined with a relaxed one-to-one coaching style that is unique and consistently delivers results.

The **Personal Voice Mastery Foundation Course** is delivered over three 60-minute one to one coaching sessions, that are **uniquely tailored** to your personal and professional needs. You learn Cath's foundation building secrets to voice mastery, you develop the confidence to apply them and you then relate all of this to your unique requirements to make a huge personal impact. Following successful completion of the sessions, you will have learnt the tools required to master your voice and be ready to face any client, colleague, or audience with confidence, certainty and humour.

## Vocal Impact - Landing the Message

- Building distinction & clarity in your voice
- Establishing vocal authority
- Sustaining your vocal energy
- Selling your commitment
- Ensuring maximum impact per message
- Develop range and dynamics in your messages

## Physical Impact - Enhance the Message

- Understanding your body use habits
- Developing confident body language
- How to feel at ease in formal presentations
- Create impact when seated at meetings
- Getting compliance & social proof
- How to effectively to manage adrenalin

## Aligning the Vocal and Physical - How to communicate succinctly

- Effectively pause for vocal control & authority
- Learn to be succinct in your communications
- How to communicate effectively on the spot
- Declutter your message for impact
- Practise of skills in work/life situations
- Bonus end course review

**Personal Voice Mastery** is delivered by Cath to you, via Zoom or your preferred online platform. Best of all, **Personal Voice Mastery Foundation Course** incorporates a bonus end of course review (to ensure that we meet your personal objectives) and home exercises that you complete independently and review with Cath. In this way, you combine the processes and skills learnt with the discipline required to become a master of your voice! Due to her other professional commitments, Cath offers this course with limited availability so don't miss this chance to work one on one with one of the leading voice coaches in the UK.

Presented by Cath Baxter

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[www.cathbaxter.co.uk](http://www.cathbaxter.co.uk)